

**PINK
SHIRT
DAY**

You can join the movement to stop bullying by making your own t-shirt with this stencil!

Not sure how to use it? Search "How to stencil a t-shirt" online. [Wiki How](#) has a great explanation!

Use a pink t-shirt (of course!) and print the words in textile paint or spray paint! You could mix it up and print some words or letters in different colours.

Have fun!